



September 2023 Education Events

Your Connection to Evidence-Based Information

Virtual Kitchen Series: Start the Day with a Healthy Breakfast

Thursday, September 7th, 2023 at 11am (EST)

Start your day with a health breakfast. Our dietitian will discuss the importance of breakfast and the value of choosing the right ingredients to start your day. Chef Michael will follow the presentation with a decision and healthy breakfast for you to try at home.

[Register Now!](#)

CancerBridge Financial Wellness: Protecting Your Nest Egg in Retirement

Thursday, September 14th, 2023 at 11am (EST)

An essential element in any retirement plan is ensuring that your foundational estate planning documents are in place. This session will focus on some effective strategies for incapacity planning, asset protection, and tax minimization.

[Register Now!](#)

CancerBridge Support Series: Immunotherapy 101

Thursday, September 21st, 2023 at 11am (EST)

Join us to learn more about new and innovative ways for treating cancer. Our speaker will discuss immunotherapy and the future of cancer care.

[Register Now!](#)

Self Care Series: Creating Your Coping Skills Toolbox

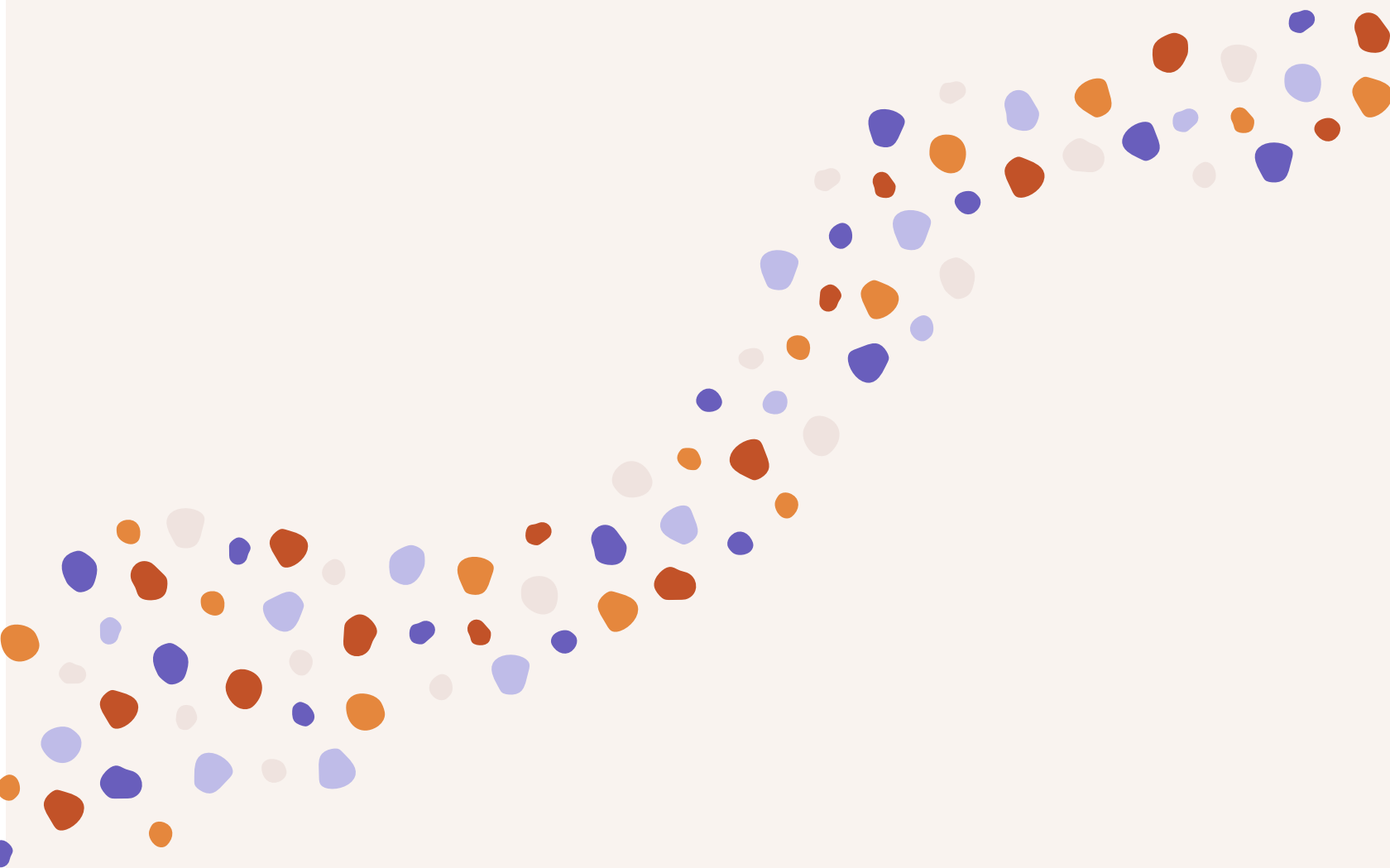
Thursday, September 28th 2023 at 11am (EST)

Learn the stages and types of coping and identify strategies that can help you prepare for, navigate, and recover from stressful situations.

[Register Now!](#)



CancerBridge



CancerBridge

Employee Assistance: (855) 366-7700 | Employer Inquiries: (614) 293-8301

mycancerbridge.com

660 Ackerman Road, Room 553, Columbus, OH 43202

